

What to expect the first year.

Day 0

Surgery

Pain under control
Edema under control

Pre-prosthetic therapy to get you
ready to get back up.

Staples out. Swelling going down slowly

5-14 days

Start the fitting process if wound is
healed and skin is healthy. (Are steri
strips gone? Are scabs gone?) Fitting
can take anywhere from 2 to 6 weeks
depending on your physical condition.
Swelling goes down even more.

4-8 weeks

Start using the prosthesis gradually.

Gait training and more therapy to
improve walking and balance.

Start using the prosthesis more.
Swelling may go up and down a lot.

4-6 months

Lots of prosthetic adjustments as your
limb changes.

You may be ready for another fitting at the
year mark depending on how well you are
working with the prosthesis.

12-18 months